

My Green Habits Checklist



Use this Green Habits Checklist to keep track of your progress in making small changes in your daily routine to save the planet.

Week No.							
	MON	TUE	WED	THUR	FRI	SAT	SUN
Time taken for shower							
I did not leave the water running while brushing							
I walked/rode my bike to a place I would otherwise go by car							
I switched off all the lights every time I left an empty room							
I took my own shopping bag to the store							
I reused/recycled an item							
I used one-sided paper whenever possible							
I turned off the computer when I was done using it							